

**MASON CITY CLINIC**  
**Job Description**

**Job Title:** Physical Therapist

**FLSA Status:** Exempt

**Job Code:**

**Employee Group:** Non-management

**Department:** Physical Therapy

**General Summary:**

Coordinates with physician to provide physical therapy services to patients in order to evaluate plan and implement a plan of care for patients based on their specific need and goal of returning them to a higher level of physical function. In doing so, prepares necessary forms, develops treatment plan goals in collaboration with physician, provides direct patient therapy, and completes necessary documentation and charge information as appropriate. Answers telephone calls from patients and responds to inquiries.

**Principal Duties and Responsibilities:**

1. Complies with federal, state, and local legal and professional requirements by studying existing and new legislation; anticipating future legislation; enforcing adherence to requirements; advising management on needed actions.
2. Assists patient in accomplishing treatment plan and accept therapeutic devices by administering manual exercises; instructing, and assisting patients in performing physical activities, such as therapeutic activities, neuromuscular re-education exercises, ambulatory functional activities, and daily-living activities. Assists in using assistive and supportive devices, such as crutches, canes and prostheses.
3. Develops and schedules plan of treatment for each patient based on initial and ongoing evaluations including short- and long-term goals and required patient and caregiver involvement.
4. Administers and implements plan of physical therapy treatment related to skilled medical necessity and with evidence-based approach.
5. Evaluates effects of physical therapy via patient's mobility, strength, and current level of patient function, while setting goals to improve in these areas that are scaled to patient ability and realistically attainable.
6. Documents patient progress according to approved medical documentation and facility documentation procedures.
7. Reports patient progress and discharge planning to patient, patient caregivers and loved ones, facility staff and healthcare professionals involved in ongoing treatment/care of patients.
8. Develops plan for patients following completion of their Plan of Treatment with appropriate in-home care services, designed in-home exercises, recommending assistive equipment, and recommending outpatient or home health follow up programs.

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9. Supervises licensed physical therapy assistants (LPTA).
10. Ensures operation of equipment by completing preventive maintenance requirements, following manufacturer's instructions, and troubleshooting malfunctions.
11. Maintains professional and technical knowledge through attending educational workshops, reviewing professional publications, establishing networks, etc.
12. Maintains knowledge of trends and developments in the field by reading appropriate articles, journals, and related material, and by attending seminars, conferences, and so forth.
13. Assists other facility staff members as needed to provide care and create a clean, orderly and effective environment for rehabilitation and physical therapy.

### **Knowledge, Skills and Abilities Required:**

1. Knowledge of orthopaedics, medical procedures, anatomy, and physiology in order to review patient data, evaluate patient condition, to provide physical therapy at a level normally acquired through completion of a bachelor's degree in physical therapy through an accredited program.
2. Current state physical therapy license.
3. Approximately three to six months on the job experience in order to become technically proficient in reviewing patient data, to evaluate patient condition, to gain familiarity with Clinic and hospital environment and department and Clinic policies and procedures.
4. Interpersonal skills necessary in order to courteously and cooperatively answer routine inquiries from patients when providing therapy or answering phone calls, to communicate with department personnel when exchanging patient-related information, and to discuss patient condition with appropriate physician.
5. Analytical skills necessary in order to review patient history, nerve conduction studies, laboratory data, splint type or design, and other patient information when evaluating patient condition.
6. Ability to concentrate and pay close attention to detail for approximately forty percent of work time when reviewing patient data or research materials and during patient therapy sessions.

### **Working Conditions:**

1. Works in patient care area in which the employee is exposed to contagious diseases, infectious waste, blood and bodily fluid for approximately thirty-five percent of work time.
2. Potential for injury is limited when proper safety and health precautions are followed.

### **Reporting Relationships:**

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Reports to the Compliance & Risk Manager with overall oversight of the Physical Therapy Department by the Chair of the Orthopaedic Department.

**Approvals:**

\_\_\_\_\_  
Department Chairperson

\_\_\_\_\_  
Date

\_\_\_\_\_  
Administrator

\_\_\_\_\_  
Date

The above is intended to describe the general content of and the requirements for the performance of this job. It is not to be construed as an exhaustive statement of duties, responsibilities or requirements.

Revised 10/96

Revised 02/21

**WORKING CONDITIONS AND PHYSICAL DEMANDS WORKSHEET**

Job Title: Physical Therapist

Department: Orthopaedics

Date: 02-2021

**1. Physical Activities**

Activity	Does Not Apply	Occasionally (8-10%)	Periodically (11-20%)	Frequently (21-50%)	Very frequently (51-80%)	Continuously (80% or more)
Balancing				X		
Bending				X		
Climbing		X				
Crawling	X					
Crouching				X		
Kneeling				X		
Reading						X
Sitting			X			
Squatting				X		
Standing						X
Stooping		X				
Walking						X

**2. Lifting and/or Pushing and Pulling**

Weight	Does Not Apply	Occasionally (8-10%)	Periodically (11-20%)	Frequently (21-50%)	Very frequently (51-80%)	Continuously (80% or more)
0-10 pounds						X
10-20 pounds			X			
20-30 pounds		X				
30-60 pounds		X				
Over 60 pounds		X				

**3. Carrying and/or Pushing Pulling**

Weight	Does Not Apply	Occasionally (8-10%)	Periodically (11-20%)	Frequently (21-50%)	Very frequently (51-80%)	Continuously (80% or more)
0-10 pounds						X
10-20 pounds			X			
20-30 pounds		X				
30-60 pounds		X				
Over 60 pounds		X				

**4. Visual Activity**

Level	Yes	No	Comment
Near Vision	X		
Far Vision	X		
Depth Perception	X		
Fine Discriminate Detail		X	
Color Vision		X	
Field of Vision	X		

**5. Auditory Activity**

Level	Yes	No	Comment
Distinguish Sounds		X	
Distinguish Pitch		X	
Distinguish Tone		X	
Hear Speech	X		

6. Sensory Activity (Touch & Smell)

Level	Yes	No	Comment
Distinguish Hot & Cold	X		
Distinguish Range of Temperature		X	
Distinguish Surfaces	X		
Fine Motor Skills to Grasp	X		
Manual Dexterity	X		
Detect Odors		X	
Distinguish Odors		X	

7. Verbal Activity

Level	Yes	No	Comment
Make Sounds	X		
Form Words	X		
Speak Loudly	X		
Speak Softly	X		

8. Mental Activity

Activity	Does Not Apply	Occasionally (8-10%)	Periodically (11-20%)	Frequently (21-50%)	Very frequently (51-80%)	Continuously (80% or more)
Performing detailed tasks (bookkeeping, transcribing, charting, etc.)						X
Subjected to interruptions						X
Subjected to changing work priorities						X

**9. Hazardous Conditions**

<b>Activity</b>	<b>Does Not Apply</b>	<b>Occasionally (8-10%)</b>	<b>Periodically (11-20%)</b>	<b>Frequently (21-50%)</b>	<b>Very frequently (51-80%)</b>	<b>Continuously (80% or more)</b>
<b>Exposure to marked changes in temperature &amp; humidity</b>	<b>X</b>					
<b>Exposure to electrical shock</b>	<b>X</b>					
<b>Exposure to vapor, fumes &amp; gases</b>		<b>X</b>				
<b>Exposure to radiation</b>	<b>X</b>					
<b>Exposure to infectious disease</b>				<b>X</b>		
<b>Driving automotive equip.</b>		<b>X</b>				
<b>Exposure to weather elements</b>	<b>X</b>					